

Arrangør:  
Sørkedalens IF

R E S U L T A T E R  
Sørkedalsrennet, 18 km

Lørdag 6.01.2007

PLASS NR.	N A V N	L A G	T I D	ETTER
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K1 16-19 ÅR KVINNER				
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1	176 Dalen Tone	1 Vegårshei IL	1:03.36,0	00.00,0
2	182 Blomhoff Henriette	1 Fossum IF	1:05.14,0	01.38,0
K2 20-24 ÅR KVINNER				
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1	174 Bredal Tille-Marie	2 IL Vinn	59.16,0	00.00,0
2	188 Sjøberg Mari	1 Røa IL	1:12.38,0	13.22,0
K4 30-34 ÅR KVINNER				
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1	181 Harviken Heidi	1 Vestre Akers skikl	1:02.29,0	00.00,0
K5 36-40 ÅR Kvinner				
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1	178 Steinsli Ingebjørg	1 Rustad IL	58.47,0	00.00,0
2	187 Øvrebust Liv-Janne	2 Rosche BIL	1:00.29,0	01.42,0
3	180 Blårud Rikke	1 Høybr & Stovner IL	1:02.54,0	04.07,0
4	179 Kvåle Tone	1 Nordreisa IL	1:09.09,0	10.22,0
5	186 Deck Beate H	1	1:32.48,0	34.01,0
6	185 Maulny Mora	1	1:42.46,0	43.59,0
K6 41-45 ÅR Kvinner				
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1	184 Durendahl Siri	1 Tømmerholt IL	1:00.23,0	00.00,0
2	177 Stange AnneBi	2 Heming IL	1:16.16,0	15.53,0
3	183 Cornic Ingrid F	1	1:30.14,0	29.51,0
4	189 Canut Meritxell	1	1:45.46,0	45.23,0
K7 46-50 ÅR KVINNER				
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1	175 Garen Torhild	2 Bærums skikl	1:00.52,0	00.00,0
2	173 Vien Sissel	1 DnbNOR	1:01.07,0	00.15,0
M1 17-20 ÅR MENN				
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1	034 Bødtker Anders	1 Bykle IL	49.18,0	00.00,0
2	026 Sørlie Erik	2 Heming IL	55.35,0	06.17,0
3	046 Aaserud Fridtjof	1 IL Vinn	55.41,0	06.23,0
4	039 Rosbach Eirik Oulie	2 Kjelsås IL	56.14,0	06.56,0
5	037 Dahl Anders	1 Kråkstad IL	56.25,0	07.07,0
6	033 Skogby Einar	3 Vegårshei IL	1:12.14,0	22.56,0
M2 21-25 ÅR MENN				
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1	048 Sollie Ove	1 IL Vinn	50.08,0	00.00,0
2	047 Myrvold Kjetil	1 Setskog IF	51.21,0	01.13,0
3	044 Book Vegard	1 Horten skikl	52.20,0	02.12,0
M3 26-30 ÅR MENN				
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1	043 Lindsverk Ole R	2 Svarstad IL	49.21,0	00.00,0
2	040 Langslet Gjermund	2 Nydalens skikl	50.42,0	01.21,0
3	042 Wettergreen Morten	2 ABB BIL	52.12,0	02.51,0
4	013 Henriksen Simen	1 Bjørn Myhre Sport	57.37,0	08.16,0
5	049 Hadeland Vemund	1	58.06,0	08.45,0
6	019 Gaasemyr Gaute	3 OSI	1:01.55,0	12.34,0

## M4 31-35 ÅR MENN

1	016	Thune Geir	5	Team Oslo Sportslager	48.49,0	00.00,0
2	059	Innselset Jan Erlend	3	Peab BIL	50.14,0	01.25,0
3	060	Taugland Trond Erik	1	Bjerke IL	50.15,0	01.26,0
4	022	Meen Eivind	2	Rustad IL	51.29,0	02.40,0
5	055	Ellevold Arne-Gunnar	3	teamvintersport	51.56,0	03.07,0
6	056	Rypdal Lasse	1	Danfoss IL	53.58,0	05.09,0
7	058	Aass Håvard	2	Klubb idrettsklubb	55.40,0	06.51,0
8	057	Hofseth Jan Ove	2	teamvintersport.co	1:00.22,0	11.33,0
9	041	Bakke Erik	1		1:07.46,0	18.57,0

## M5 36-40 ÅR MENN

1	025	Åserud Patrick	5	Hasle-Løren IL	48.38,0	00.00,0
2	068	Svartvadet Rune	1	Vesta forsikring	49.23,0	00.45,0
3	062	Clausen Sigmund	2		49.34,0	00.56,0
4	031	Samulsen Vegar F.	1	Vetco BIL	49.51,0	01.13,0
5	077	Karfjell Eivind	2	Asker skikl	50.18,0	01.40,0
6	030	Aune Espen	6	Høybr & Stovner IL	50.29,0	01.51,0
7	070	Reusch Christian	7	IL Heming	51.46,0	03.08,0
8	014	Revelsby Arnfinn	4	Varteig IL	52.20,0	03.42,0
9	036	Skogby Geir	3	Vegårshei IL	52.53,0	04.15,0
10	061	Thorstad Olav	2		53.09,0	04.31,0
11	071	Heggelund Terje	3	Cowi BIL	53.18,0	04.40,0
12	072	Bergo Knut	2	WMBIL	53.28,0	04.50,0
13	023	Ruud Odd Magne	2	Fossum IF	53.40,0	05.02,0
14	067	Holmann Petter	1	Oslo sportslager	53.56,0	05.18,0
15	032	Støkken Thomas	4	Posten BIL	55.07,0	06.29,0
16	021	Solberg Erik	3	Drøbak-Frogn IL	55.30,0	06.52,0
17	017	Sørensen Anders	1	Norvågen	55.40,0	07.02,0
18	029	Stangeland Thomas	1		55.48,0	07.10,0
19	038	Hansen Tord Bern	2	Spkl Rye	55.56,0	07.18,0
20	074	Nygård Rune	5	Skiptvet IL	56.01,0	07.23,0
21	027	Andersen Kristian Berg	1	Hydro Oslo BIL	56.54,0	08.16,0
22	073	Molund Kjetil	2	Nordreisa IL	57.18,0	08.40,0
23	035	Hovde Jon	2	Nordstrand	57.40,0	09.02,0
24	065	Bahr Kent	2	Danfoss IL	57.49,0	09.11,0
25	069	Grønbech Jan	1	IL Heming	58.49,0	10.11,0
26	066	Aass Audun	1	Klubb IK	59.08,0	10.30,0
27	079	Lid Arve	2	Kolbotn IL	59.29,0	10.51,0
28	063	Steffensen Frode	1		1:00.30,0	11.52,0
29	018	Martinsen Tor Asmund	1	Nordvågen IL	1:01.41,0	13.03,0
30	064	Bredal Rolf	2	Drøbak/Frogn IL	1:01.42,0	13.04,0
31	020	Havdal Lars	1	Botne IL	1:02.54,0	14.16,0
32	076	Støren Øyvind	6	IF Ørn	1:03.03,0	14.25,0
33	015	Sæter Halvor	1		1:04.39,0	16.01,0
34	024	Finnbordud Arnstein	1	OSI	1:08.51,0	20.13,0
35	028	Pharo Per Fredrik	1		1:10.18,0	21.40,0
36	078	Solheim Eivind	1	BMIL	1:11.16,0	22.38,0

## M6 41-45 ÅR MENN

1	128	Storvik Håvard	2	Stokke IL	47.43,0	00.00,0
2	127	Ahlsand Torleif	2	Kjelsås IL	47.44,0	00.01,0
3	137	Byrkjeland Jan	4	Røa IL	48.59,0	01.16,0
4	138	Thon Jarle	12	Skiptvet IL	49.00,0	01.17,0
5	131	Frorud Jostein	4	Skiptvet IL	49.52,0	02.09,0
6	133	Moseby Runar	2	Kjelsås IL	51.28,0	03.45,0
7	135	Berstad Ketil	11	MSD	51.36,0	03.53,0
8	129	Lund Espen Stenersen	1	Tistedalen FL	51.44,0	04.01,0
9	140	Arnesen Lasse	2	IL Heming	54.05,0	06.22,0
10	124	Løite Knut-Arne	5	Sørkedalens IF	56.14,0	08.31,0
11	125	Andersen Anders Winther	1	Oslo kajakk-klubb	59.51,0	12.08,0
12	126	Holst Eigil	2	Danfoss BIL	59.54,0	12.11,0
13	136	Christensen Tom O	1	Glassverket IF	1:00.32,0	12.49,0
14	121	Nordvik Bjørn Steinar	1	Frostad	1:00.41,0	12.58,0
15	134	Olsen Børre	4	IL Driv	1:01.28,0	13.45,0
16	122	Dahl Håkon	3	Kråkstad IL	1:02.42,0	14.59,0

## M7 46-50 ÅR MENN

1	147	Aketun Karl-Kristian	3	Njård IL	52.02,0	00.00,0
2	153	Bjerknes Bård	2	Stabæk IF	52.03,0	00.01,0
3	145	Sørensen Leif	3	Rustad IL	52.11,0	00.09,0
4	159	Næss Erik	1	Ullensaker skikl	52.57,0	00.55,0
5	152	Nielsen Paal Erik	8	Luth.no	54.39,0	02.37,0
6	146	Jørgensen Jan-Tore	2	Ingeniør GM Backe	55.47,0	03.45,0
7	160	Lund Jan Fredrik	1	Kjelsås IL	57.41,0	05.39,0
8	149	Christensen Guttorm	1	Rustad IL	59.56,0	07.54,0
9	151	Løvenskiold Peder	3	Sørkedalens IF	1:00.19,0	08.17,0
10	154	Benestad Stig	1	Overtoppen IL	1:00.43,0	08.41,0
11	148	Næss Christian	1	Bærums skikl	1:02.20,0	10.18,0
12	157	Johansen Geir Røvde	1		1:02.28,0	10.26,0
13	150	Berg Arno	1	Heming IL	1:02.47,0	10.45,0
14	158	Syversen Ole Jonny	4	Skiptvet/Tidemanns	1:04.40,0	12.38,0
15	143	Blomhoff Petter	1	Fossum IF	1:12.28,0	20.26,0
16	144	Karlsen Rolf Birger	4	Stovnerkameratene	1:17.06,0	25.04,0

## M8 51-55 ÅR MENN

1	248	Høst Håkon Sverre	4	LYN	53.25,0	00.00,0
2	242	Haukeland Jon	9	Alcatel BIL	55.06,0	01.41,0
3	130	Hjort Helge	3	IL Heming	58.55,0	05.30,0
4	250	Vetlesen Kristian	1	Orkla Brands	1:01.22,0	07.57,0
5	238	Fossum Jon Arvid	1	Asker skikl	1:01.55,0	08.30,0
6	235	Sandum John	1		1:01.56,0	08.31,0
7	237	Kristoffersen Bjørn	3	Menigheten Guds Ord	1:09.22,0	15.57,0
8	244	Hem Bjørn	28	OSI	1:12.31,0	19.06,0

## M9 56-60 ÅR MENN

1	236	Glomsrød Bredo	13	Gimle IF	50.05,0	00.00,0
2	234	Gulbrandsen Hans-Petter	2	Berger IL	53.45,0	03.40,0
3	232	Tørklepp John	1	DnbNOR BIL	56.45,0	06.40,0
4	241	Nordli Jimmy	3	IL Trøsken	57.19,0	07.14,0
5	239	Hvitsten Kåre	1	Kodal IL	59.46,0	09.41,0
6	246	Høy Iver Harald	1	Christiania rokl	1:01.25,0	11.20,0
7	240	Sagberg Friulv	2	Koll IL	1:01.26,0	11.21,0
8	233	Stabell Knut	3	Moss skikl	1:01.55,0	11.50,0
9	249	Brøymer Øyvin	2	Christiania rokl	1:03.53,0	13.48,0
10	247	Ramnefjell Asbjørn	16	Golfsiden.no	1:05.17,0	15.12,0
11	245	Øren Ole	14	IL Heming	1:07.28,0	17.23,0
12	243	Larssen Arvid	20	Oslo Politis IL	1:22.52,0	32.47,0

## M10 61-65 ÅR MENN

1	291	Skåre Einar	7	Stovnerkameratene	56.30,0	00.00,0
2	295	Johnson Gisle Espolin	19	EJMC	58.03,0	01.33,0
3	290	Sjøberg Nils Olav	20	Røa IL	58.21,0	01.51,0
4	262	Jansen Arild	9	Asker skikl	1:00.47,0	04.17,0
5	270	Langslett Gisle	1	SK Rye	1:03.52,0	07.22,0
6	278	Lunne Tom	21	Hosle IL	1:03.54,0	07.24,0
7	297	Tilleskjør Trond	26	Røa IL	1:06.04,0	09.34,0
8	277	Hartsang Ketil	23	IL Heming	1:07.43,0	11.13,0
9	269	Johnsen Odd H.	13	Hop IL	1:09.06,0	12.36,0
10	275	Walle-Hansen Jørgen	16	IL Heming	1:10.16,0	13.46,0
11	259	Andersen Jarl	2	Meteorologisk inst	1:11.32,0	15.02,0
12	293	Thjømøe Ulf	21	Røa IL	1:22.03,0	25.33,0

## M11 66-70 ÅR MENN

1	292	Serck-Hanssen Gunnar	21	IL Heming	57.59,0	00.00,0
2	281	Fosheim Ola	3	Røn IL	1:00.23,0	02.24,0
3	271	Aalen Ole	15	Stovnerkameratene	1:01.09,0	03.10,0
4	287	Naalsund Jon Erik	12	IL Heming	1:01.15,0	03.16,0
5	294	Børs-Lind Christian	19	Røa IL	1:02.43,0	04.44,0
6	266	Adeler Knut	20	Røa IL	1:04.46,0	06.47,0
7	296	Fodstad Jon	28	Oslo Politis IL	1:04.58,0	06.59,0
8	276	Hartsang Leif Chr	23	IL Heming	1:06.58,0	08.59,0
9	288	Pinsli Terje	28	Sørkedalens IF	1:12.57,0	14.58,0
10	300	Fougner Jon C	24	Røa IL	1:16.02,0	18.03,0
11	282	Bjørneklett Arvid	2		1:23.14,0	25.15,0

## M12 71-75 ÅR MENN

1	299	Halseth Odd	22	N S B Steinkjer	1:03.52,0	00.00,0
2	274	Brænd Trygve	21	Multiconsult BIL	1:10.34,0	06.42,0
3	264	Berger Einar	22	Oslo Politis IL	1:21.16,0	17.24,0
4	286	Rosendahl Arne	25	Oslo VA-verk BIL	1:26.05,0	22.13,0

## M13 76 ÅR OG ELDRE MENN

1	285	Krogstrup Truls	2	IL Heming	1:15.33,0	00.00,0
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## TRIMKLASSE 13 år og eldre

260	Andersen Cathrine	1	Bærums skikl	1:23.55,0
261	Arnesen Svend	2	ERGO	1:21.32,0
280	Berstad Sigurd	1	IL Heming	1:05.30,0
263	Bjørge Øfsaas Roy	1	Ring IL	1:04.51,0
272	Bugge Thorleif Dahl	1	Sørkedalens IF	1:08.01,0
267	Christensen Ola	1	Konnerud IL	1:08.39,0
268	Dahle Henning	14	Hydro Oslo BIL	1:36.46,0
273	Johansen Bjørnar	1	Kodal IL	57.43,0
258	Mostøl Terje	1	Horten skikl	1:26.00,0
284	Noble Richard	2	Trasop FK	1:15.00,0
289	Terjesen Are Christian	1		1:24.24,0
265	Willumsen Svein Morten	5	Pakkepost BIL	1:02.53,0

**Årets langtidspremier:**

**15. ganger:**

Ole Aalen                                      Stovnerkameratene

**20. ganger:**

Knut Adeler                                      Røa IL  
Nils Olav Sjøberg                                Røa IL  
Arvid Larssen                                      Oslo Politis IL

**25. ganger:**

Arne Rosendahl                                      Oslo VA-verk BIL

**Følgende har fullført alle 28 Sørkedalsrenn:**

1.      Jon Fodstad                                      Oslo Politis IL  
2.      Terje Pinsli                                        Sørkedalens IF  
3.      Bjørn Hem    OSI